

## **Preventive Measures by PURE**

to avoid COVID-19 infection during one-on-one instrumental lessons

The following measures were discussed and established with schools and are currently implemented at our centre.

PURE instructors coming to our *centre* to conduct one-on-one lessons are asked to do the following:

1. 90% of our instructors have been vaccinated. Unvaccinated instructors are submitting negative test reports every 14 days.
2. Temperature check before leaving home in the morning. If the temperature is over 37.5°C or the instructor is feeling unwell, they will be asked to excuse themselves from the lessons. The lessons will be canceled and made-up at a later date. The same applies to students.
3. Temperature check on arrival at school's entrance taken by centre's staff.
4. Both instructor and student should wear a mask during the lesson. If the mask has to be taken off by one side (in the case of woodwind and brass lessons), the other side must have a mask on. Moreover, it is highly recommended that instructors should maximize demonstration through aural instruction instead of actual playing of the musical instrument. However, if actual playing is unavoidable, the blowing should be done behind a mask (headjoint/mouthpiece demo), at an acceptable social distance and direction that does not directly face the students.
5. Hand washing/sanitation on arrival at school and after every lesson. 70-80% alcohol based hand rub is found in every music room. Instructors will ask students to rub their hands with the alcohol. This is a mandatory step.
6. All windows of the music room will be opened during lessons to maintain adequate ventilation. If the air-conditioning system is used, instructors must ensure there is sufficient fresh air supply.
7. Thorough musical instruments and equipment disinfection before and after use by each student.
8. Instructors will be asked to use their own instruments, which is applicable for all woodwinds, brass, strings, guitar lessons. The only exceptions are piano and drum (drum sticks should be personal).

9. Encourage parents/students to have their own personal instruments rather than sharing with other students, in particular the woodwinds, brass, strings instruments.
  10. Minimize physical contact between instructor and students/instruments, under all possible circumstances.
  11. Instructors will always remind students to maintain good personal hygiene, such as hand washing before/after lessons and avoid sharing personal items.
  12. *School* and PURE will work together in maximizing the use of space in the instrumental rooms to ensure proper distance between instructors and students.
  13. Instructors will teach students detailed cleaning procedures of their musical instruments. PURE will supplement with reference materials for parents to follow-up at home.
  14. If students are found to have a fever or have respiratory symptoms during lessons, instructors will stop the lessons and inform the music director for follow-up steps.
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Attached herewith links on research documents by UK and Canada specialists on guidance for music classes under COVID-19 circumstance:

- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/914628/S0695\\_Aerosol\\_and\\_Droplet\\_Generation\\_from\\_Singing\\_\\_Wind\\_Instruments\\_\\_SWI\\_\\_and\\_Performance\\_Activities.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/914628/S0695_Aerosol_and_Droplet_Generation_from_Singing__Wind_Instruments__SWI__and_Performance_Activities.pdf)
- <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/performing-arts>
- [https://www.musiciansunion.org.uk/Home/News/2020/Aug/Restrictions-Around-Singing-Wind-and-Brass-Instrum?fbclid=IwAR0rLnI8Lfi-GeJD\\_Y\\_GQpWlpDM60zUSB94skc3TsMAWnf62\\_IOL0mMkuxM](https://www.musiciansunion.org.uk/Home/News/2020/Aug/Restrictions-Around-Singing-Wind-and-Brass-Instrum?fbclid=IwAR0rLnI8Lfi-GeJD_Y_GQpWlpDM60zUSB94skc3TsMAWnf62_IOL0mMkuxM)
- <https://drive.google.com/file/d/1KG2rE1rU-NENxbQsuYN20xnM9TBINn3Z/view>
- [https://www.theguardian.com/music/2020/jul/22/sing-funnel-covid-19-lab-hoping-declare-singing-safe?CMP=Share\\_AndroidApp\\_News\\_Feed&fbclid=IwAR2goCSut4BicqClpXtkDAsVQ3mdx78qNXvXu60iRzb7dub1UqsZ95LZjl](https://www.theguardian.com/music/2020/jul/22/sing-funnel-covid-19-lab-hoping-declare-singing-safe?CMP=Share_AndroidApp_News_Feed&fbclid=IwAR2goCSut4BicqClpXtkDAsVQ3mdx78qNXvXu60iRzb7dub1UqsZ95LZjl)
- <https://drive.google.com/file/d/1KG2rE1rU-NENxbQsuYN20xnM9TBINn3Z/view>